



RULES AND CONDITIONS P.S.U.K. CHAMPIONSHIPS

SWIMMING

1. The competition must be held under A.S.A. Laws.
2. The pool size must be either 25 metres or 50 metres in length.
3. Starting blocks must be provided.
4. All events both Open and Masters will be heat declared winner races.
5. (i) All Masters Events will be based on age as at 31st December in the year of competition, with age groups as follows: -

19 - 24 years	X
25 - 29 years	A
30 - 34 years	B
35 - 39 years	C
40 - 44 years	D
45 - 49 years	E
50 and over	F

- (ii) The Graham Cutting Trophy awarded at the PSUK swimming championships is awarded to the most successful master at the event. It is calculated on the basis of;

1st place	6 points
2nd place	5 points
3rd place	4 points
4th place	3 points
5th place	2 points
6th place	1 point

On the occasion where a competitor is in an older age group, there may be a situation where there is only one swimmer entered, which leads to a high accumulation of points with little competition to achieve them. If there is a situation that there is a tie then the swimmer who has the most competition is the winner.

6. Entry is restricted to members of affiliated clubs of the Police Sport UK. Such persons are not required to register with the A.S.A. as in Law 412.6 (Exemptions from Registration). At this time, that means Serving Police Officers, PCSO's, Police Support Staff, Retired Personnel and Police Cadets, as defined by PSUK rules may compete.

7. Once the organisers close entries there will be no additions to the printed programme. Substitutions will be allowed up to one week prior to the date of competition, but only if the original entrant is unable to compete in the Championships.

8. At the discretion of the event organiser, and with the permission of the Competition Referee, a swimmer may be allowed to occupy a spare lane in any one-race heat, in order to obtain a time. Such a person will not be part of the Championship event.
9. A Competition Referee must be appointed. (Law 424). That person will have full control of all officials and enforce A.S.A. Laws and these rules. In the event of any dispute the Competition Referee will receive any protest and endeavour to resolve them. (Law 424.4)
10. A Jury of Appeal should be appointed, for any appeal that the Competition Referee is unable to resolve. Such a jury should consist of at least three persons, including one representative of the Organising Committee and at least one representative of the PSUK National Swimming, Water Polo and Diving Committee.
11. The PSUK Swimming, Diving and Water Polo Section has in place the following procedure for dealing with matters concerning complaints, discipline and grievance arising out of the activities of the section. Such matters must always be notified in writing. Any aggrieved person shall have the right to a personal hearing before a panel comprising not less than three members of this Sections Committee, excluding any person implicated in the allegation, before any final decision is made to resolve the matter.
12. The PSUK Swimming, Diving and Water Polo Sub Committee will, at each A.G.M., review any complaints received during the previous year and the effectiveness of the reporting process.
13. If a re-entry system is adopted by the organisers then competitors are responsible for the submission of their own entry cards, as supplied by the organisers, in the 'Entry Boxes' provided for each day of competition. Competitors not placing their cards in the boxes will be scratched.
14. Any competitor or team not in position at the starting end of the pool when the event is called will be scratched.