

PSUK Swimming & Water Polo Championships - 17/04/2010 to 18/04/2010

Results

Event 1 Men 100 m SC IM

| Name | Age | Team | Finals Time |
|---------------------|-----|-------|-------------|
| 1 Ryan Long | 22 | WMIDS | 1:01.65 |
| 2 Ed Clayton | 34 | LANC | 1:01.85 |
| 3 Brian Steatham | 26 | WMIDS | 1:02.95 |
| 4 Brett Lummis | 32 | ESSEX | 1:04.24 |
| 5 Nicholas Jackson | 25 | GMP | 1:04.51 |
| 6 Nigel Gaskin | 33 | WMIDS | 1:04.73 |
| 7 Adam Ogrady | 27 | MET | 1:05.06 |
| 8 Steven Slee | 27 | TVAL | 1:07.35 |
| 9 Sean Stimson | 34 | MET | 1:07.54 |
| 10 Martin Godsava | 39 | MET | 1:07.77 |
| 11 Geoff Boddie | 37 | MERS | 1:08.03 |
| 12 Steve White | 31 | WYORK | 1:09.18 |
| 13 Paul Butler | 38 | DERBY | 1:09.20 |
| 14 Andy Pryke | 31 | MET | 1:09.34 |
| 15 Ben Pryke | 26 | ESSEX | 1:09.99 |
| 16 David Brown | 48 | WYORK | 1:10.11 |
| 17 Barry Cusselle | 28 | MET | 1:10.29 |
| 18 Stuart Willmott | 46 | CLEV | 1:11.61 |
| 19 Kevin Spears | 36 | FIFE | 1:13.10 |
| 20 Andy Lovelock | 26 | ESSEX | 1:13.43 |
| --- James Patterson | 32 | NOTTS | DQ |

Event 2 Women 100 m SC IM

| Name | Age | Team | Finals Time |
|-----------------------|-----|-------|-------------|
| 1 Aimee Ramm | 28 | LEIC | 1:13.71 |
| 2 Hayley Bird | 24 | WMIDS | 1:14.00 |
| 3 Alison Willis | 38 | WMIDS | 1:14.21 |
| 4 Vicki Standen | 27 | WMIDS | 1:15.21 |
| 5 Shona Douse | 24 | STRAT | 1:15.81 |
| 6 Lisa Rushton | 33 | WMIDS | 1:17.81 |
| 7 Lynn Pitblado | 29 | FIFE | 1:19.16 |
| 8 Rebecca Hodgman | 29 | NOTTS | 1:19.59 |
| 9 Dalyth Cunnah | 42 | TAY | 1:19.83 |
| 10 Katie Minor | 31 | WMIDS | 1:20.31 |
| 11 Kelly Bond-Vaughan | 38 | MET | 1:21.26 |
| 12 Jennifer Dobson | 27 | N'UMB | 1:21.67 |
| 13 Niki Herbert | 43 | MET | 1:25.91 |
| 14 Pamela Szaraneck | 39 | FIFE | 1:26.67 |
| 15 Lynne Wilson | 38 | FIFE | 1:31.20 |
| 16 Lauren Keenan | 22 | FIFE | 1:36.18 |
| --- Sara Gamble | 22 | WMIDS | DQ |

Event 3 Mixed 400 m SC Freestyle

| Name | Age | Team | Finals Time |
|---------------------|-----|-------|-------------|
| 1 Garry Dixon | 20 | TVAL | 4:05.38 |
| 2 Nigel Gaskin | 33 | WMIDS | 4:31.96 |
| 3 Shawn Morgan | 45 | SUR | 4:35.88 |
| 4 Matt Thomas | 39 | D&C | 4:41.56 |
| 5 Paul Frith | 37 | GMP | 4:48.96 |
| 6 Teresa Dray | 38 | SUSS | 4:54.16 |
| 7 Matthew Connick | 33 | SUFF | 4:55.52 |
| 8 Barry Owen | 45 | MET | 4:56.26 |
| 9 Andy Collins | 40 | MET | 4:57.49 |
| 10 Claire Thorn | 39 | WMIDS | 4:59.62 |
| 11 Gemma Horwell | 25 | DERBY | 5:00.35 |
| 12 Sarah Hemenstall | 32 | SUR | 5:07.25 |

| | | | |
|----------------------|----|-------|---------|
| 13 Chris Mathlin | 45 | ESSEX | 5:08.77 |
| 14 Ruth Thompson | 31 | WYORK | 5:15.86 |
| 15 Claire Booker | 33 | WYORK | 5:18.78 |
| 16 Paul Gregory | 31 | NOTTS | 5:20.90 |
| 17 Kate Long | 25 | NOTTS | 5:26.32 |
| 18 Katie Minor | 31 | WMIDS | 5:27.89 |
| 19 Phil Brooks | 44 | LANC | 5:28.20 |
| 20 Lindsey Walke | 34 | D&C | 5:46.01 |
| 21 Sarah Holme | 29 | DERBY | 5:52.40 |
| 22 Michelle Greatrex | 36 | GWENT | 5:55.52 |
| 23 Angi Greneski | 33 | ESSEX | 5:57.71 |
| 24 Duncan MacCoy | 46 | LEIC | 6:01.81 |
| 25 Terry Windeatt | 62 | D&C | 6:02.03 |
| 26 Angela Fisher | 54 | WMIDS | 6:05.05 |
| 27 Joanne Glynn | 42 | GMP | 6:11.27 |
| 28 Jill Rawson | 29 | NYORK | 6:25.11 |
| 29 David Stevenson | 42 | LEIC | 6:36.11 |
| 30 Paul Wade | 53 | NORF | 6:46.83 |
| 31 Karen Mihill | 40 | ESSEX | 7:26.32 |
| 32 Rachel Fung | 33 | LANC | 7:56.32 |

Event 4 Women 100 m SC Backstroke

| Name | Age | Team | Finals Time |
|--------------------------|-----|-------|-------------|
| 1 Hayley Bird | 24 | WMIDS | 1:09.82 |
| 2 Rachel Vallins | 27 | DORS | 1:15.67 |
| 3 Jennifer Dobson | 27 | N'UMB | 1:19.98 |
| 4 Hannah Norrish | 27 | MET | 1:21.67 |
| 5 Gemma Pearson | 28 | ESSEX | 1:23.82 |
| 6 Lara Sweetman | 26 | MET | 1:27.09 |
| 7 Sarah Duxbury | 27 | NORF | 1:28.74 |
| 8 Claire-Marie Stevenson | 33 | DERBY | 1:34.86 |

Event 5 Men 100 m SC Backstroke

| Name | Age | Team | Finals Time |
|------------------|-----|-------|-------------|
| 1 Chris Jones | 39 | SUFF | 59.95 |
| 2 Ryan Long | 22 | WMIDS | 1:00.07 |
| 3 Martin Godsava | 39 | MET | 1:08.07 |
| 4 David White | 28 | WYORK | 1:11.84 |
| 5 Andy Lovelock | 26 | ESSEX | 1:13.06 |
| 6 Dan Liversey | 34 | WYORK | 1:16.81 |
| --- Dan Owen | 30 | NYORK | DQ |

Event 6 Mixed 200 m SC IM

| Name | Age | Team | Finals Time |
|-------------------|-----|-------|-------------|
| 1 Matt Adamson | 32 | STAFF | 2:20.85 |
| 2 Richard Evans | 43 | MET | 2:27.31 |
| 3 Gareth Cowell | 35 | D&C | 2:28.18 |
| 4 Sean Stimson | 34 | MET | 2:30.68 |
| 5 Ryan Long | 22 | WMIDS | 2:31.56 |
| 6 Shawn Morgan | 45 | SUR | 2:36.80 |
| 7 Hayley Bird | 24 | WMIDS | 2:36.98 |
| 8 Vince Greenhill | 48 | LEIC | 2:41.40 |
| 9 Shaun Woodward | 29 | D&C | 2:42.36 |
| 10 Sara Gamble | 22 | WMIDS | 2:43.33 |
| 11 Shona Douse | 24 | STRAT | 2:44.16 |
| 12 Steve Swani | 49 | D&C | 2:47.44 |
| 13 Lynsey Willis | 36 | D&C | 2:47.75 |
| 14 Ruth Thompson | 31 | WYORK | 2:53.87 |
| 15 Tom Wilkinson | 23 | NYORK | 3:00.22 |

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(Event 6 Mixed 200 m SC IM)

| Name | Age | Team | Finals Time |
|------------------|-----|-------|-------------|
| 16 Adelle Taylor | 24 | WYORK | 3:00.95 |

Event 7 Women 100 m SC Freestyle

| Name | Age | Team | Finals Time |
|-------------------------|-----|-------|-------------|
| 1 Aimee Ramm | 28 | LEIC | 59.24 |
| 2 Vicki Standen | 27 | WMIDS | 1:04.22 |
| 3 Natalie Conway | 27 | HERT | 1:05.94 |
| 4 Sarah Hemenstall | 32 | SUR | 1:06.51 |
| 5 Katie Minor | 31 | WMIDS | 1:06.84 |
| 6 Amy Melbourne | 23 | LEIC | 1:09.85 |
| 7 Sian Tyler | 28 | GWENT | 1:11.77 |
| 8 Jennifer Dobson | 27 | N'UMB | 1:12.37 |
| 9 Lindsay Armstrong | 32 | FIFE | 1:12.66 |
| 10 Tracey Smith | 43 | N'UMB | 1:12.82 |
| 11 Hannah Norrish | 27 | MET | 1:12.97 |
| 12 Angi Greneski | 33 | ESSEX | 1:13.31 |
| 13 Louise Fairhead | 23 | MET | 1:15.44 |
| 14 Hayley Gomm | 31 | DERBY | 1:16.87 |
| 15 Alison King | 39 | HAMP | 1:18.44 |
| 16 Sam Garnham | 26 | ESSEX | 1:18.62 |
| 17 Jill Rawson | 29 | NYORK | 1:21.16 |
| 18 Samantha-Jane Norman | 25 | LEIC | 1:21.85 |
| 19 Jodie Southwick | 25 | MET | 1:22.34 |
| 20 Sarah Levey | 46 | NYORK | 1:34.07 |

Event 8 Men 100 m SC Freestyle

| Name | Age | Team | Finals Time |
|--------------------|-----|-------|-------------|
| 1 Nicholas Jackson | 25 | GMP | 53.48 |
| 2 Brian Steatham | 26 | WMIDS | 54.18 |
| 3 Garry Dixon | 20 | TVAL | 54.81 |
| 4 Andy Pryke | 31 | MET | 56.22 |
| 5 Nigel Gaskin | 33 | WMIDS | 56.94 |
| 6 Ryan Long | 22 | WMIDS | 57.20 |
| 7 Matt Adamson | 32 | STAFF | 57.75 |
| 8 Paul Frith | 37 | GMP | 59.35 |
| 9 Gavin Bulley | 28 | D&C | 59.49 |
| 10 Mark Barnard | 46 | NYORK | 59.81 |
| 11 Matthew Connick | 33 | SUFF | 1:01.06 |
| 12 Daniel Connick | 35 | SUFF | 1:02.36 |
| 13 Andy Lovelock | 26 | ESSEX | 1:03.50 |
| 14 Kevin Spears | 36 | FIFE | 1:03.79 |
| 15 Ben Pryke | 26 | ESSEX | 1:04.27 |
| 16 Chris Poulter | 31 | NYORK | 1:04.40 |
| 17 Barry Cusselle | 28 | MET | 1:05.82 |
| 18 Brett Lummis | 32 | ESSEX | 1:08.00 |
| 19 Chris Mathlin | 45 | ESSEX | 1:08.18 |
| 20 Andrew King | 41 | DERBY | 1:08.67 |
| 21 Paul Clark | 45 | ESSEX | 1:08.69 |
| 22 Richard Huber | 38 | SYORK | 1:09.01 |
| 23 Kevin Pullin | 52 | SUFF | 1:10.66 |
| 24 Derek Simpson | 42 | CSCOT | 1:12.34 |
| 25 Neil Walker | 43 | SYORK | 1:12.60 |
| 26 John Sim | 52 | N'UMB | 1:15.07 |
| 27 Duncan MacCoy | 46 | LEIC | 1:15.73 |
| 28 Tom Wilkinson | 23 | NYORK | 1:16.14 |
| 29 David Stevenson | 42 | LEIC | 1:21.16 |

Event 9 Women 24 & Under 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|-----------------|-----|-------|-------------|
| 1 Hayley Bird | 24 | WMIDS | 31.36 |
| 2 Shona Douse | 24 | STRAT | 34.50 |
| 3 Amy Melbourne | 23 | LEIC | 35.23 |
| 4 Adelle Taylor | 24 | WYORK | 36.42 |
| 5 Lucy Brewster | 24 | NORF | 40.98 |

Event 9 Women 25-29 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|--------------------------|-----|-------|-------------|
| 1 Aimee Ramm | 28 | LEIC | 29.49 |
| 2 Natalie Conway | 27 | HERT | 34.10 |
| 3 Gemma Horwell | 25 | DERBY | 34.72 |
| 4 Rebecca Hodgman | 29 | NOTTS | 35.37 |
| 5 Natalie Savage | 28 | D&C | 35.49 |
| 6 Deborah Dowdle | 29 | N'UMB | 35.51 |
| 7 Lynn Pitblado | 29 | FIFE | 35.58 |
| 8 Charlotte King | 27 | ESSEX | 38.73 |
| 9 Leanne Wilson | 28 | NYORK | 39.37 |
| 10 Sam Garnham | 26 | ESSEX | 41.11 |
| 11 Jill Rawson | 29 | NYORK | 41.83 |
| --- Paula Reynolds-Jones | 29 | MERS | DQ |

Event 9 Women 30-34 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|--------------------|-----|-------|-------------|
| 1 Lisa Rushton | 33 | WMIDS | 33.22 |
| 2 Sarah Hemenstall | 32 | SUR | 33.45 |
| 3 Liane Andrews | 34 | WMIDS | 34.94 |
| 4 Hayley Gomm | 31 | DERBY | 38.45 |
| 5 Lindsey Walke | 34 | D&C | 39.56 |

Event 9 Women 35-39 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|--------------------|-----|-------|-------------|
| 1 Teresa Dray | 38 | SUSS | 30.93 |
| 2 Alison Willis | 38 | WMIDS | 33.04 |
| 3 Lynne Wilson | 38 | FIFE | 37.56 |
| 4 Pamela Szaraneck | 39 | FIFE | 39.32 |
| 5 Angela McKay | 35 | STRAT | 39.50 |

Event 9 Women 40-44 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|-----------------|-----|-------|-------------|
| 1 Karen Holden | 41 | SYORK | 35.38 |
| 2 Dalyth Cunnah | 42 | TAY | 35.84 |
| 3 Niki Herbert | 43 | MET | 39.39 |
| 4 Kay Howe | 41 | N'UMB | 48.12 |

Event 9 Women 45-49 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|--------------------|-----|-------|-------------|
| 1 Sarah Borley | 48 | GWENT | 40.43 |
| 2 Karen Simister | 48 | LANC | 41.20 |
| 3 Caroline Plummer | 47 | LANC | 42.15 |
| 4 Jill Gathercole | 45 | NYORK | 44.61 |
| 5 Andrea Kemp | 48 | LEIC | 46.37 |

Event 9 Women 50 & Over 50 m SC Butterfly

| Name | Age | Team | Finals Time |
|--------------------|-----|------|-------------|
| 1 Janie Carmichael | 50 | L&B | 37.69 |
| 2 Glynis Perks | 52 | SUSS | 45.26 |

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Event 10 Men 24 & Under 50 m SC Butterfly

| Name | Age Team | Finals Time |
|---------------|----------|-------------|
| 1 Aaron Jones | 24 GMP | 27.69 |

Event 10 Men 25-29 50 m SC Butterfly

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Adam Ogrady | 27 MET | 26.81 |
| 2 Nicholas Jackson | 25 GMP | 27.89 |
| 3 Steven Slee | 27 TVAL | 28.67 |
| 4 David Clayton | 26 WMIDS | 28.84 |
| 5 Ben Pryke | 26 ESSEX | 29.29 |
| 6 Barry Cusselle | 28 MET | 30.13 |
| 7 Shaun Woodward | 29 D&C | 31.37 |

Event 10 Men 30-34 50 m SC Butterfly

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 James Patterson | 32 NOTTS | 29.44 |
| 2 Steve White | 31 WYORK | 30.02 |
| 3 Dan Liversey | 34 WYORK | 33.85 |
| 4 Chris Poulter | 31 NYORK | 34.56 |

Event 10 Men 35-39 50 m SC Butterfly

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Chris Jones | 39 SUFF | 28.23 |
| 2 Chris Panther | 35 D&C | 29.16 |
| 3 Paul Butler | 38 DERBY | 29.43 |
| 4 Matt Thomas | 39 D&C | 29.96 |
| 5 Barrie Williams | 35 GMP | 29.97 |
| 6 Geoff Boddie | 37 MERS | 30.23 |
| 7 Andy May | 38 L&B | 30.87 |
| 8 Paul Frith | 37 GMP | 30.90 |
| 9 Kevin Spears | 36 FIFE | 33.88 |
| 10 Jeremy Davies | 37 SYORK | 34.53 |

Event 10 Men 40-44 50 m SC Butterfly

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Richard Evans | 43 MET | 28.67 |
| 2 Christian Andrew | 41 MET | 30.88 |
| 3 Andy Collins | 40 MET | 31.80 |
| 4 Steve Howe | 40 N'UMB | 32.35 |
| 5 Nick Burrows | 42 WMIDS | 32.53 |
| 6 Frazer Willet | 43 MET | 33.14 |
| 7 Jez Birch | 41 MET | 33.98 |
| 8 Stuart Bryant | 42 SUFF | 34.68 |
| 9 Craig Lovatt | 40 NORF | 35.25 |

Event 10 Men 45-49 50 m SC Butterfly

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Graeme Wilson | 46 STRAT | 28.54 |
| 2 David Brown | 48 WYORK | 30.16 |
| 3 Mark Barnard | 46 NYORK | 30.37 |
| 4 Tony Willis | 45 D&C | 31.31 |
| 5 Paul Eveleigh | 45 ESSEX | 32.21 |
| 6 Gordon Rea | 49 N'UMB | 33.42 |
| 7 Steve Swani | 49 D&C | 34.09 |
| 8 Vince Greenhill | 48 LEIC | 34.22 |
| 9 Colin Ingley | 48 DERBY | 34.71 |
| 10 Kevin Odams | 49 NAMPT | 34.86 |
| 11 James McMeekin | 48 STRAT | 36.59 |

Event 10 Men 50 & Over 50 m SC Butterfly

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Michael Watson | 50 CLEV | 33.27 |
| 2 Dave Timms | 52 MET | 33.32 |
| 3 Phil Taylor | 57 CLEV | 33.89 |
| 4 Bernie Gravett | 53 MET | 35.82 |
| 5 Russell Wilks | 50 SYORK | 36.64 |
| 6 Dave Morley | 51 NOTTS | 37.26 |
| 7 John Randall | 54 D&C | 39.09 |
| 8 Terry Windeatt | 62 D&C | 42.46 |

Event 11 Women 100 m SC Breaststroke

| Name | Age Team | Finals Time |
|---------------------------|----------|-------------|
| 1 Laura Chidgey | 34 D&C | 1:17.47 |
| 2 Caroline Bell | 27 LANC | 1:19.03 |
| 3 Sara Gamble | 22 WMIDS | 1:22.44 |
| 4 Lynsey Willis | 36 D&C | 1:23.24 |
| 5 Claire Thorn | 39 WMIDS | 1:23.25 |
| 6 Vicky Hayman | 29 D&C | 1:26.61 |
| 7 Natalie Savage | 28 D&C | 1:26.76 |
| 8 Laura Wright | 27 NORF | 1:28.64 |
| 9 Adelle Taylor | 24 WYORK | 1:29.09 |
| 10 Ruth Thompson | 31 WYORK | 1:29.81 |
| 11 Leanne Wilson | 28 NYORK | 1:32.95 |
| *12 Wendy Hunter | 38 MET | 1:34.06 |
| *12 Victoria Harriott | 31 MET | 1:34.06 |
| 14 Lindsay Armstrong | 32 FIFE | 1:36.72 |
| 15 Claire-Marie Stevenson | 33 DERBY | 1:40.87 |
| 16 Alison King | 39 HAMP | 1:41.18 |
| 17 Jodie Southwick | 25 MET | 1:43.95 |
| --- Rachel Preciow | 29 DERBY | DQ |

Event 12 Men 100 m SC Breaststroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 David Morgan | 35 GWENT | 1:09.43 |
| 2 Brett Lummis | 32 ESSEX | 1:09.92 |
| 3 Paul Butler | 38 DERBY | 1:12.94 |
| 4 Gareth Cowell | 35 D&C | 1:13.66 |
| 5 Sean Stimson | 34 MET | 1:14.46 |
| 6 Steven Slee | 27 TVAL | 1:15.08 |
| 7 David White | 28 WYORK | 1:16.47 |
| 8 Neil Williams | 42 NOTTS | 1:22.70 |
| 9 Phil Brooks | 44 LANC | 1:25.37 |
| 10 Derek Simpson | 42 CSCOT | 1:27.36 |
| 11 Scott Anderson | 43 NYORK | 1:32.72 |

Event 13 Women 24 & Under 50 m SC Freestyle

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Hayley Bird | 24 WMIDS | 28.60 |
| 2 Amy Melbourne | 23 LEIC | 33.15 |
| 3 Louise Fairhead | 23 MET | 34.14 |
| 5 Keeley Sweetman | 23 MET | 35.59 |
| 6 Lauren Keenan | 22 FIFE | 37.13 |
| 7 Laura Key | 24 NORF | 42.62 |

Event 13 Women 25-29 50 m SC Freestyle

| Name | Age Team | Finals Time |
|-----------------|----------|-------------|
| 1 Aimee Ramm | 28 LEIC | 27.50 |
| 2 Vicki Standen | 27 WMIDS | 28.89 |

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| Name | Age Team | Finals Time |
|-------------------------|----------|-------------|
| 3 Natalie Conway | 27 HERT | 29.93 |
| 4 Gemma Horwell | 25 DERBY | 30.83 |
| 5 Vicky Hayman | 29 D&C | 30.86 |
| 6 Rachel Vallins | 27 DORS | 30.89 |
| 7 Kate Long | 25 NOTTS | 31.23 |
| 8 Emma Coppin | 29 MET | 31.32 |
| 9 Amy Lockley | 28 WMIDS | 31.59 |
| 10 Caroline Connor | 28 TAY | 31.82 |
| 11 Lynn Pitblado | 29 FIFE | 32.07 |
| 12 Sian Tyler | 28 GWENT | 32.44 |
| 13 Lara Sweetman | 26 MET | 32.80 |
| 14 Leanne Wilson | 28 NYORK | 33.22 |
| 15 Charlotte King | 27 ESSEX | 33.90 |
| 16 Gemma Pearson | 28 ESSEX | 34.30 |
| 17 Samantha-Jane Norman | 25 LEIC | 36.29 |
| 18 Paula Reynolds-Jones | 29 MERS | 37.49 |
| 19 Jill Rawson | 29 NYORK | 38.37 |
| 20 Laura Swindlehurst | 27 LANC | 38.65 |
| 21 Eleanor Sandler | 28 DERBY | 50.50 |

Event 13 Women 30-34 50 m SC Freestyle

| Name | Age Team | Finals Time |
|---------------------------|----------|-------------|
| 1 Sarah Hempenstall | 32 SUR | 29.87 |
| 2 Katie Minor | 31 WMIDS | 30.42 |
| 3 Liane Andrews | 34 WMIDS | 31.22 |
| *4 Lisa Rushton | 33 WMIDS | 31.42 |
| *4 Claire-Marie Stevenson | 33 DERBY | 35.20 |
| 5 Lindsay Armstrong | 32 FIFE | 32.71 |
| 6 Victoria Harriott | 31 MET | 32.87 |
| 7 Angi Greneski | 33 ESSEX | 33.46 |
| 8 Lindsey Walke | 34 D&C | 34.34 |
| 9 Lynsey Bovill | 31 TAY | 39.84 |

Event 13 Women 35-39 50 m SC Freestyle

| Name | Age Team | Finals Time |
|---------------------|----------|-------------|
| 1 Alison Willis | 38 WMIDS | 29.72 |
| 2 Claire Thorn | 39 WMIDS | 30.60 |
| 3 Collette Rose | 37 GMP | 31.49 |
| 4 Wendy Hunter | 38 MET | 33.15 |
| 5 Lynne Wilson | 38 FIFE | 33.30 |
| 6 Angela McKay | 35 STRAT | 34.46 |
| 7 Michelle Greatrex | 36 GWENT | 35.17 |
| 8 Pamela Szaranek | 39 FIFE | 35.79 |
| 9 Laura Thinn | 37 L&B | 38.35 |
| 10 Melony Pitchford | 38 NYORK | 44.10 |

Event 13 Women 40-44 50 m SC Freestyle

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Dalyth Cunnah | 42 TAY | 31.26 |
| 2 Tracey Smith | 43 N'UMB | 31.64 |
| 3 Amanda Boulton | 40 SYORK | 33.56 |
| 4 Jane Guymer | 43 NYORK | 34.79 |
| 5 Helen Plater | 43 SYORK | 35.01 |
| 6 Niki Herbert | 43 MET | 35.45 |
| 7 Karen Mihill | 40 ESSEX | 37.30 |
| 8 Kay Howe | 41 N'UMB | 38.93 |
| 9 Helyn Harris | 40 GWENT | 44.52 |

Event 13 Women 45-49 50 m SC Freestyle

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Karen Simister | 48 LANC | 35.11 |
| 2 Sarah Borley | 48 GWENT | 37.10 |
| 3 Caroline Plummer | 47 LANC | 37.23 |
| 4 Karen Wedgewood | 45 NYORK | 38.76 |
| 5 Sarah Levey | 46 NYORK | 38.90 |
| 6 Fiona Mason | 49 HERT | 39.13 |
| 7 Jill Gathercole | 45 NYORK | 40.18 |
| 8 Andrea Kemp | 48 LEIC | 40.32 |

Event 13 Women 50 & Over 50 m SC Freestyle

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Janie Carmichael | 50 L&B | 36.06 |
| 2 Glynis Perks | 52 SUSS | 39.38 |
| 3 Chris Treharne | 52 NOTTS | 43.68 |

Event 14 Men 24 & Under 50 m SC Freestyle

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Daniel Shilley | 23 GMP | 27.57 |
| 2 Tom Wilkinson | 23 NYORK | 33.28 |

Event 14 Men 25-29 50 m SC Freestyle

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Brian Steatham | 26 WMIDS | 24.54 |
| 2 Gavin Bulley | 28 D&C | 26.20 |
| 3 David Clayton | 26 WMIDS | 27.14 |
| 4 Nicholas Jackson | 25 GMP | 27.26 |
| 5 Steven Slee | 27 TVAL | 27.57 |
| 6 Shaun Woodward | 29 D&C | 29.11 |

Event 14 Men 30-34 50 m SC Freestyle

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Andy Pryke | 31 MET | 25.68 |
| 2 James Patterson | 32 NOTTS | 26.00 |
| 3 Steve White | 31 WYORK | 27.17 |
| 4 Matthew Connick | 33 SUFF | 28.31 |
| 5 Paul Gregory | 31 NOTTS | 29.92 |
| 6 Karl Warren | 31 NORF | 30.03 |
| 7 Chris Poulter | 31 NYORK | 30.49 |

Event 14 Men 35-39 50 m SC Freestyle

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Chris Jones | 39 SUFF | 25.97 |
| 2 Paul Frith | 37 GMP | 26.78 |
| 3 Matt Thomas | 39 D&C | 27.39 |
| 4 Chris Panther | 35 D&C | 27.46 |
| *5 Barrie Williams | 35 GMP | 27.91 |
| *5 Daniel Connick | 35 SUFF | 27.91 |
| 7 Geoff Boddie | 37 MERS | 28.32 |
| 8 Kevin Spears | 36 FIFE | 28.80 |
| 9 Jeremy Davies | 37 SYORK | 29.73 |
| 10 Andy May | 38 L&B | 30.13 |
| 11 Jon Mortimer | 35 NOTTS | 30.63 |
| 12 Robert Ross | 39 MERS | 30.85 |
| 13 Rob Blade | 38 NORF | 31.00 |

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Event 14 Men 40-44 50 m SC Freestyle

| Name | Age | Team | Finals Time |
|-----------------------------|-----|-------|-------------|
| 1 Richard Evans | 43 | MET | 26.57 |
| 2 Christian Andrew | 41 | MET | 27.60 |
| 3 Steve Willis | 42 | MET | 27.79 |
| 4 Steve Howe | 40 | N'UMB | 27.98 |
| 5 Richard Booker-Williamson | 40 | D&C | 28.58 |
| 6 Frazer Willet | 43 | MET | 29.37 |
| 7 Jez Birch | 41 | MET | 30.67 |
| 8 Andrew King | 41 | DERBY | 30.73 |
| 9 Neil Williams | 42 | NOTTS | 31.11 |
| *10 Neil Walker | 43 | SYORK | 31.93 |
| *10 Ian McPhail | 40 | MERS | 31.93 |
| 12 Derek Simpson | 42 | CSCOT | 32.34 |
| 13 Scott Anderson | 43 | NYORK | 37.20 |

Event 14 Men 45-49 50 m SC Freestyle

| Name | Age | Team | Finals Time |
|--------------------|-----|-------|-------------|
| 1 Graeme Wilson | 46 | STRAT | 27.10 |
| 2 David Brown | 48 | WYORK | 27.13 |
| 3 Mark Barnard | 46 | NYORK | 27.17 |
| 4 Julian Harforth | 48 | CLEV | 27.23 |
| 5 Paul Eveleigh | 45 | ESSEX | 28.08 |
| 6 Stuart Willmott | 46 | CLEV | 28.50 |
| 7 Gordon Rea | 49 | N'UMB | 28.73 |
| *8 Steve Swani | 49 | D&C | 28.78 |
| *8 Tony Willis | 45 | D&C | 28.78 |
| 10 Tony Ellis | 48 | D&C | 29.15 |
| 11 Sean Kehoe | 48 | MERS | 29.29 |
| 12 Steve Langman | 47 | D&C | 29.82 |
| 13 Vince Greenhill | 48 | LEIC | 29.85 |
| 14 Paul Clark | 45 | ESSEX | 30.59 |
| 15 Kevin Odams | 49 | NAMPT | 31.03 |
| 16 Chris Mathlin | 45 | ESSEX | 31.15 |
| 17 Colin Ingley | 48 | DERBY | 31.19 |
| 18 Paul Castledine | 45 | FIFE | 31.26 |
| 19 James McMeekin | 48 | STRAT | 32.44 |

Event 14 Men 50 & Over 50 m SC Freestyle

| Name | Age | Team | Finals Time |
|--------------------|-----|-------|-------------|
| 1 Dave Timms | 52 | MET | 29.63 |
| 2 Michael Watson | 50 | CLEV | 30.23 |
| 3 Russell Wilks | 50 | SYORK | 30.77 |
| 4 David Drury | 57 | D&C | 31.50 |
| 5 Scott Nelson | 51 | CSCOT | 32.23 |
| 6 Bernie Gravett | 53 | MET | 32.32 |
| 7 Phil Taylor | 57 | CLEV | 32.59 |
| 8 John Randall | 54 | D&C | 32.64 |
| 9 Chris Akers | 56 | NOTTS | 32.95 |
| 10 John Sim | 52 | N'UMB | 33.13 |
| *11 Paul Moore | 53 | NOTTS | 33.76 |
| *11 Terry Windeatt | 62 | D&C | 33.76 |
| 13 John Pollard | 54 | LANC | 34.85 |
| 14 Jeff Adams | 54 | CSCOT | 35.16 |
| 15 Chris Warmer | 51 | TAY | 35.96 |
| 16 Keith Roberts | 55 | MET | 37.68 |

Event 15 Women 200 m SC Medley Relay

| Team | Relay | Finals Time |
|---------|-------|-------------|
| 1 WMIDS | A | 2:18.10 |
| 2 MET | A | 2:29.58 |
| 3 N'UMB | A | 2:32.71 |
| 4 FIFE | A | 2:33.94 |
| 5 GMP | A | 2:45.43 |
| 6 NYORK | A | 2:51.15 |

Event 16 Men 200 m SC Medley Relay

| Team | Relay | Finals Time |
|----------|-------|-------------|
| 1 MET | A | 1:59.69 |
| 2 WYORK | A | 2:05.40 |
| 3 ESSEX | A | 2:07.10 |
| 4 CLEV | A | 2:08.24 |
| 5 NOTTS | A | 2:11.96 |
| 6 STRAT | A | 2:13.80 |
| 7 MERS | A | 2:15.33 |
| 8 D&C | A | 2:15.87 |
| 9 CSCOT | A | 2:31.67 |
| 10 SYORK | A | 2:31.76 |
| 11 NORF | A | 2:32.04 |

Event 17 Women 200 m SC Medley Relay

| Team | Relay | Finals Time |
|---------|-------|-------------|
| 1 WMIDS | A | 2:13.45 |
| 2 D&C | A | 2:20.60 |
| 3 MET | B | 2:34.31 |
| 4 DERBY | A | 2:35.16 |
| 5 ESSEX | A | 2:35.90 |
| 6 MET | A | 2:37.11 |
| 7 LEIC | A | 2:38.18 |
| 8 NYORK | A | 2:43.74 |
| 9 NORF | A | 2:57.15 |

Event 18 Men 200 m SC Medley Relay

| Team | Relay | Finals Time |
|---------|-------|-------------|
| 1 WMIDS | A | 1:51.93 |
| 2 MET | A | 1:56.28 |
| 3 GMP | A | 1:57.46 |
| 4 D&C | A | 2:00.44 |
| 5 ESSEX | A | 2:06.21 |
| 6 MET | B | 2:12.79 |
| 7 NYORK | A | 2:22.41 |

Event 19 Mixed 200 m SC Breaststroke

| Name | Age | Team | Finals Time |
|------------------|-----|-------|-------------|
| 1 Geoff Boddie | 37 | MERS | 2:38.24 |
| 2 Gareth Cowell | 35 | D&C | 2:40.75 |
| 3 Laura Chidgey | 34 | D&C | 2:47.55 |
| 4 Sean Stimson | 34 | MET | 2:48.05 |
| 5 Gordon Jackson | 49 | STRAT | 2:48.36 |
| 6 Sara Gamble | 22 | WMIDS | 3:01.38 |
| 7 Lynsey Willis | 36 | D&C | 3:02.16 |
| 8 Derek Simpson | 42 | CSCOT | 3:14.71 |
| 9 Marti Long | 30 | LANC | 3:16.91 |
| 10 Rachel Fung | 33 | LANC | 4:04.56 |

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Event 20 Women 100 m SC Butterfly

| Name | Age Team | Finals Time |
|---------------------|----------|-------------|
| 1 Aimee Ramm | 28 LEIC | 1:06.30 |
| 2 Teresa Dray | 38 SUSS | 1:10.53 |
| 3 Sarah Hempenstall | 32 SUR | 1:14.66 |
| 4 Ruth Thompson | 31 WYORK | 1:22.51 |

Event 21 Men 25-29 100 m SC Butterfly

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Ben Pryke | 26 ESSEX | 1:09.74 |
| 2 Barry Cusselle | 28 MET | 1:11.57 |
| 3 Andy Lovelock | 26 ESSEX | 1:12.09 |

Event 21 Men 30-34 100 m SC Butterfly

| Name | Age Team | Finals Time |
|--------------|----------|-------------|
| 1 Ed Clayton | 34 LANC | 58.68 |

Event 21 Men 35-39 100 m SC Butterfly

| Name | Age Team | Finals Time |
|-----------------|----------|-------------|
| 1 Chris Panther | 35 D&C | 1:05.10 |

Event 21 Men 100 m SC Butterfly

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Ed Clayton | 34 LANC | 58.68 |
| 2 Chris Panther | 35 D&C | 1:05.10 |
| 3 Ben Pryke | 26 ESSEX | 1:09.74 |
| 4 Barry Cusselle | 28 MET | 1:11.57 |
| 5 Andy Lovelock | 26 ESSEX | 1:12.09 |

Event 22 Women 24 & Under 50 m SC Backstroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Hayley Bird | 24 WMIDS | 32.25 |
| 2 Shona Douse | 24 STRAT | 35.43 |
| 3 Amy Melbourne | 23 LEIC | 39.48 |
| 4 Louise Fairhead | 23 MET | 39.51 |
| 5 Lauren Keenan | 22 FIFE | 42.71 |

Event 22 Women 25-29 50 m SC Backstroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Rachel Vallins | 27 DORS | 34.58 |
| 2 Rebecca Hodgman | 29 NOTTS | 35.43 |
| 3 Caroline Connor | 28 TAY | 35.65 |
| 4 Amy Lockley | 28 WMIDS | 37.29 |
| 5 Jennifer Dobson | 27 N'UMB | 37.49 |
| 6 Hannah Norrish | 27 MET | 37.65 |
| 7 Gemma Pearson | 28 ESSEX | 37.86 |
| 8 Deborah Dowdle | 29 N'UMB | 38.01 |
| 9 Leanne Wilson | 28 NYORK | 39.95 |
| 10 Charlotte King | 27 ESSEX | 40.04 |
| 11 Sian Tyler | 28 GWENT | 42.00 |
| 12 Zoe Storer | 25 LEIC | 49.59 |
| 13 Laura Wright | 27 NORF | 55.11 |

Event 22 Women 30-34 50 m SC Backstroke

| Name | Age Team | Finals Time |
|---------------------|----------|-------------|
| 1 Lisa Rushton | 33 WMIDS | 34.70 |
| 2 Liane Andrews | 34 WMIDS | 38.31 |
| 3 Lindsay Armstrong | 32 FIFE | 41.21 |
| 4 Lynsey Bovill | 31 TAY | 50.13 |

Event 22 Women 35-39 50 m SC Backstroke

| Name | Age Team | Finals Time |
|----------------------|----------|-------------|
| 1 Alison Willis | 38 WMIDS | 34.88 |
| 2 Kelly Bond-Vaughan | 38 MET | 38.41 |
| 3 Pamela Szaraneck | 39 FIFE | 41.90 |
| 4 Laura Thinn | 37 L&B | 43.89 |
| 5 Melony Pitchford | 38 NYORK | 50.29 |

Event 22 Women 40-44 50 m SC Backstroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Karen Holden | 41 SYORK | 36.23 |
| 2 Dalyth Cunnah | 42 TAY | 36.28 |
| 3 Amanda Boulton | 40 SYORK | 38.66 |
| 4 Niki Herbert | 43 MET | 40.74 |
| 5 Helen Plater | 43 SYORK | 42.66 |
| 6 Kay Howe | 41 N'UMB | 46.91 |

Event 22 Women 45-49 50 m SC Backstroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Jill Gathercole | 45 NYORK | 41.37 |
| 2 Karen Simister | 48 LANC | 41.44 |
| 3 Sarah Borley | 48 GWENT | 41.64 |
| 4 Andrea Kemp | 48 LEIC | 48.75 |

Event 22 Women 50 & Over 50 m SC Backstroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Angela Fisher | 54 WMIDS | 38.57 |
| 2 Chris Treharne | 52 NOTTS | 47.50 |

Event 23 Men 24 & Under 50 m SC Backstroke

| Name | Age Team | Finals Time |
|-------------|----------|-------------|
| 1 Ryan Long | 22 WMIDS | 27.97 |

Event 23 Men 25-29 50 m SC Backstroke

| Name | Age Team | Finals Time |
|---------------|----------|-------------|
| 1 David White | 28 WYORK | 32.83 |

Event 23 Men 30-34 50 m SC Backstroke

| Name | Age Team | Finals Time |
|----------------|----------|-------------|
| 1 Dan Liversey | 34 WYORK | 34.43 |
| 2 Karl Warren | 31 NORF | 37.34 |

Event 23 Men 35-39 50 m SC Backstroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Chris Jones | 39 SUFF | 28.27 |
| 2 Martin Godsava | 39 MET | 30.42 |
| 3 Andy May | 38 L&B | 31.88 |
| 4 Geoff Boddie | 37 MERS | 32.79 |
| 5 Kevin Spears | 36 FIFE | 35.52 |

Event 23 Men 40-44 50 m SC Backstroke

| Name | Age Team | Finals Time |
|-----------------|----------|-------------|
| 1 Steve Willis | 42 MET | 34.13 |
| 2 Steve Howe | 40 N'UMB | 34.17 |
| 3 Nick Burrows | 42 WMIDS | 34.47 |
| 4 Jez Birch | 41 MET | 36.37 |
| 5 Craig Lovatt | 40 NORF | 37.96 |
| 6 Frazer Willet | 43 MET | 38.42 |
| 7 Ian McPhail | 40 MERS | 43.49 |

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Event 23 Men 45-49 50 m SC Backstroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Julian Harforth | 48 CLEV | 32.41 |
| 2 Shawn Morgan | 45 SUR | 32.88 |
| 3 Stuart Willmott | 46 CLEV | 33.03 |
| 4 Vince Greenhill | 48 LEIC | 34.54 |
| 5 David Brown | 48 WYORK | 34.62 |
| 6 Graeme Wilson | 46 STRAT | 34.78 |
| 7 Tony Willis | 45 D&C | 35.87 |
| 8 Chris Mathlin | 45 ESSEX | 37.44 |
| 9 Gordon Rea | 49 N'UMB | 37.76 |
| 10 Kevin Odams | 49 NAMPT | 37.96 |

Event 23 Men 50 & Over 50 m SC Backstroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Michael Watson | 50 CLEV | 36.38 |
| 2 Phil Taylor | 57 CLEV | 36.74 |
| 3 Dave Timms | 52 MET | 37.97 |
| 4 Russell Wilks | 50 SYORK | 37.98 |
| 5 Bernie Gravett | 53 MET | 39.78 |
| 6 John Pollard | 54 LANC | 43.65 |
| 7 Keith Roberts | 55 MET | 47.46 |

Event 24 Mixed 200 m SC Freestyle

| Name | Age Team | Finals Time |
|----------------------|----------|-------------|
| 1 Garry Dixon | 20 TVAL | 2:00.29 |
| 2 Ryan Long | 22 WMIDS | 2:02.74 |
| 3 Nigel Gaskin | 33 WMIDS | 2:03.35 |
| 4 Matt Adamson | 32 STAFF | 2:06.27 |
| 5 Andy Pryke | 31 MET | 2:09.43 |
| 6 Shawn Morgan | 45 SUR | 2:10.98 |
| 7 Matt Thomas | 39 D&C | 2:17.20 |
| 8 Andy Collins | 40 MET | 2:18.14 |
| 9 Teresa Dray | 38 SUSS | 2:18.31 |
| 10 Chris Mathlin | 45 ESSEX | 2:20.83 |
| 11 Claire Thorn | 39 WMIDS | 2:23.64 |
| 12 Sarah Hemenstall | 32 SUR | 2:24.22 |
| 13 Chris Poulter | 31 NYORK | 2:26.87 |
| 14 Shona Douse | 24 STRAT | 2:27.21 |
| 15 Gavin Bulley | 28 D&C | 2:27.79 |
| 16 Tony Ellis | 48 D&C | 2:28.67 |
| 17 Katie Minor | 31 WMIDS | 2:28.76 |
| 18 Frazer Willet | 43 MET | 2:29.56 |
| 19 Claire Booker | 33 WYORK | 2:30.01 |
| 20 Kevin Pullin | 52 SUFF | 2:31.92 |
| 21 Ruth Thompson | 31 WYORK | 2:33.33 |
| 22 Lynn Pitblado | 29 FIFE | 2:38.16 |
| 23 John Randall | 54 D&C | 2:39.71 |
| 24 Lindsey Walke | 34 D&C | 2:42.89 |
| 25 Andrew King | 41 DERBY | 2:43.28 |
| 26 Duncan MacCoy | 46 LEIC | 2:45.89 |
| 27 Lindsay Armstrong | 32 FIFE | 2:48.38 |
| 28 John Sim | 52 N'UMB | 2:51.35 |
| 29 Sarah Holme | 29 DERBY | 2:51.39 |
| 30 Terry Windeatt | 62 D&C | 2:51.71 |
| 31 David Stevenson | 42 LEIC | 3:01.93 |
| 32 Paul Wade | 53 NORF | 3:02.59 |
| 33 Jill Rawson | 29 NYORK | 3:04.15 |

Event 25 Women 24 & Under 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Sara Gamble | 22 WMIDS | 37.98 |
| 2 Adelle Taylor | 24 WYORK | 38.80 |
| 3 Amy Melbourne | 23 LEIC | 42.96 |
| 4 Keeley Sweetman | 23 MET | 44.12 |
| 5 Lauren Keenan | 22 FIFE | 49.81 |

Event 25 Women 25-29 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Caroline Bell | 27 LANC | 36.70 |
| 2 Natalie Savage | 28 D&C | 39.06 |
| 3 Vicky Hayman | 29 D&C | 39.20 |
| 4 Leanne Wilson | 28 NYORK | 39.38 |
| 5 Charlotte King | 27 ESSEX | 43.73 |
| 6 Gemma Pearson | 28 ESSEX | 43.95 |
| 7 Jennifer Dobson | 27 N'UMB | 44.13 |
| 8 Rachel Preciow | 29 DERBY | 45.79 |
| 9 Jodie Southwick | 25 MET | 46.30 |

Event 25 Women 30-34 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|---------------------|----------|-------------|
| 1 Lisa Rushton | 33 WMIDS | 41.50 |
| 2 Liane Andrews | 34 WMIDS | 41.54 |
| 3 Victoria Harriott | 31 MET | 42.52 |
| 4 Lindsay Armstrong | 32 FIFE | 44.80 |

Event 25 Women 35-39 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|----------------------|----------|-------------|
| 1 Alison Willis | 38 WMIDS | 37.40 |
| 2 Claire Thorn | 39 WMIDS | 38.06 |
| 3 Lynsey Willis | 36 D&C | 39.34 |
| 4 Kelly Bond-Vaughan | 38 MET | 42.75 |
| 5 Wendy Hunter | 38 MET | 43.18 |
| 6 Alison King | 39 HAMP | 46.66 |
| 7 Laura Thinn | 37 L&B | 47.18 |

Event 25 Women 40-44 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Dalyth Cunnah | 42 TAY | 39.72 |
| 2 Niki Herbert | 43 MET | 43.66 |
| 3 Tracey Smith | 43 N'UMB | 44.35 |
| 4 Jane Guymer | 43 NYORK | 44.45 |
| 5 Kay Howe | 41 N'UMB | 51.99 |
| --- Helyn Harris | 40 GWENT | DQ |

Event 25 Women 45-49 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 Sarah Borley | 48 GWENT | 43.64 |
| 2 Karen Simister | 48 LANC | 43.66 |
| 3 Sarah Levey | 46 NYORK | 46.87 |
| 4 Andrea Kemp | 48 LEIC | 47.23 |
| 5 Jill Gathercole | 45 NYORK | 49.21 |

Event 25 Women 50 & Over 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Chris Treharne | 52 NOTTS | 48.37 |

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Event 26 Men 24 & Under 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Aaron Jones | 24 GMP | 32.02 |
| 2 Daniel Shilley | 23 GMP | 33.76 |

Event 26 Men 25-29 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Brian Steatham | 26 WMIDS | 30.57 |
| 2 David White | 28 WYORK | 32.65 |
| 3 Steven Slee | 27 TVAL | 32.73 |

Event 26 Men 30-34 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Sean Stimson | 34 MET | 32.84 |
| 2 Marti Long | 30 LANC | 38.52 |
| --- Brett Lummis | 32 ESSEX | DQ |

Event 26 Men 35-39 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 David Morgan | 35 GWENT | 31.11 |
| 2 Paul Butler | 38 DERBY | 32.56 |
| 3 Chris Jones | 39 SUFF | 33.03 |
| 4 Geoff Boddie | 37 MERS | 33.64 |
| 5 Gareth Cowell | 35 D&C | 34.22 |
| 6 Daniel Connick | 35 SUFF | 36.14 |
| 7 Andy May | 38 L&B | 36.84 |
| 8 Kevin Spears | 36 FIFE | 37.50 |
| 9 Robert Ross | 39 MERS | 38.05 |
| 10 Jon Mortimer | 35 NOTTS | 39.93 |
| 11 Rob Blade | 38 NORF | 40.72 |

Event 26 Men 40-44 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|-----------------------------|----------|-------------|
| 1 Steve Howe | 40 N'UMB | 36.02 |
| 2 Simon Hamson | 41 WYORK | 37.29 |
| 3 Neil Williams | 42 NOTTS | 37.55 |
| 4 Richard Booker-Williamson | 40 D&C | 37.66 |
| 5 Derek Simpson | 42 CSCOT | 39.55 |
| 6 Jez Birch | 41 MET | 40.06 |
| 7 Andrew King | 41 DERBY | 42.27 |
| 8 Scott Anderson | 43 NYORK | 42.41 |
| 9 Ian McPhail | 40 MERS | 43.93 |

Event 26 Men 45-49 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|-------------------|----------|-------------|
| 1 David Brown | 48 WYORK | 34.40 |
| 2 Graeme Wilson | 46 STRAT | 35.41 |
| 3 Gordon Jackson | 49 STRAT | 35.70 |
| 4 Paul Eveleigh | 45 ESSEX | 37.82 |
| 5 Vince Greenhill | 48 LEIC | 38.22 |
| 6 Steve Swani | 49 D&C | 38.98 |
| 7 Gordon Rea | 49 N'UMB | 39.12 |
| 8 Tony Ellis | 48 D&C | 40.17 |
| 9 John Clements | 48 D&C | 40.63 |
| 10 Colin Ingley | 48 DERBY | 42.49 |

Event 26 Men 50 & Over 50 m SC Breaststroke

| Name | Age Team | Finals Time |
|---------------|----------|-------------|
| 1 Phil Taylor | 57 CLEV | 36.02 |

| | | |
|------------------|----------|-------|
| 2 Michael Watson | 50 CLEV | 36.78 |
| 3 Terry Windeatt | 62 D&C | 39.62 |
| 4 Chris Akers | 56 NOTTS | 40.87 |
| 5 John Pollard | 54 LANC | 41.58 |
| 6 Dave Morley | 51 NOTTS | 41.69 |
| 7 Bernie Gravett | 53 MET | 41.72 |
| 8 David Drury | 57 D&C | 42.72 |
| 9 Keith Roberts | 55 MET | 49.53 |

Event 27 Women 50 m SC Freestyle

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Aimee Ramm | 28 LEIC | 27.16 |
| 2 Vicki Standen | 27 WMIDS | 28.42 |
| 3 Natalie Conway | 27 HERT | 29.22 |
| 4 Katie Minor | 31 WMIDS | 29.79 |
| 5 Sara Gamble | 22 WMIDS | 30.23 |
| 6 Dalyth Cunnah | 42 TAY | 30.87 |
| 7 Amy Lockley | 28 WMIDS | 31.19 |
| 8 Emma Coppin | 29 MET | 31.55 |
| 9 Jennifer Dobson | 27 N'UMB | 31.70 |
| 10 Lara Sweetman | 26 MET | 31.97 |
| 11 Amy Melbourne | 23 LEIC | 32.41 |
| 12 Lynne Wilson | 38 FIFE | 33.01 |
| 13 Deborah Dowdle | 29 N'UMB | 33.26 |
| 14 Hannah Norrish | 27 MET | 33.64 |
| 15 Hayley Gomm | 31 DERBY | 34.49 |
| 16 Angela Fisher | 54 WMIDS | 34.78 |
| 17 Alison King | 39 HAMP | 36.39 |
| 18 Sarah Duxbury | 27 NORF | 36.52 |
| 19 Jill Rawson | 29 NYORK | 37.57 |
| 20 Michelle Warren | 29 NORF | 38.46 |
| 21 Fiona Mason | 49 HERT | 38.53 |
| 22 Laura Key | 24 NORF | 40.72 |
| 23 Eleanor Sandler | 28 DERBY | 44.86 |

Event 28 Men 50 m SC Freestyle

| Name | Age Team | Finals Time |
|--------------------|----------|-------------|
| 1 Brian Steatham | 26 WMIDS | 24.21 |
| 2 Adam Ogrady | 27 MET | 24.35 |
| 3 Nicholas Jackson | 25 GMP | 24.67 |
| 4 Ryan Long | 22 WMIDS | 24.84 |
| 5 Aaron Jones | 24 GMP | 24.87 |
| 6 Garry Dixon | 20 TVAL | 24.93 |
| 7 Andy Pryke | 31 MET | 25.19 |
| 8 James Patterson | 32 NOTTS | 25.39 |
| 9 Paul Frith | 37 GMP | 25.98 |
| 10 Matt Adamson | 32 STAFF | 26.08 |
| 11 Chris Panther | 35 D&C | 26.23 |
| 12 Mark Barnard | 46 NYORK | 26.40 |
| 13 Gavin Bulley | 28 D&C | 26.43 |
| 14 Ben Pryke | 26 ESSEX | 26.81 |
| 15 Steve White | 31 WYORK | 26.94 |
| 16 Barry Cusselle | 28 MET | 26.97 |
| *17 Alasdair Niven | 26 MET | 27.50 |
| *17 Daniel Shilley | 23 GMP | 27.50 |
| 19 Andy Lovelock | 26 ESSEX | 28.25 |
| 20 Richard Evans | 43 MET | 29.34 |
| 21 Paul Clark | 45 ESSEX | 29.48 |

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(Event 28 Men 50 m SC Freestyle)

| Name | Age | Team | Finals Time |
|------------------|-----|-------|-------------|
| 22 Dan Owen | 30 | NYORK | 29.72 |
| 23 Karl Warren | 31 | NORF | 30.07 |
| 24 Jez Birch | 41 | MET | 30.57 |
| 25 Colin Ingley | 48 | DERBY | 31.32 |
| 26 Tom Wilkinson | 23 | NYORK | 32.40 |
| 27 Andy Rooke | 53 | SUSS | 32.47 |
| 28 Chris Warmer | 51 | TAY | 34.81 |

Event 29 Women 200 m SC Freestyle Relay

| Team | Relay | Finals Time |
|----------|-------|-------------|
| 1 WMIDS | A | 2:02.07 |
| 2 MET | A | 2:12.90 |
| 3 N'UMB | A | 2:13.24 |
| 4 NYORK | A | 2:34.73 |
| --- FIFE | A | DQ |

Event 30 Men 200 m SC Freestyle Relay

| Team | Relay | Finals Time |
|-----------|-------|-------------|
| 1 MET | A | 1:45.60 |
| 2 WYORK | A | 1:51.32 |
| 3 D&C | A | 1:53.76 |
| 4 MERS | A | 1:55.64 |
| 5 STRAT | A | 1:56.17 |
| 6 NOTTS | A | 1:56.39 |
| 7 NORF | A | 2:07.37 |
| 8 CSCOT | A | 2:08.01 |
| --- SYORK | A | DQ |

Event 31 Women 200 m SC Freestyle Relay

| Team | Relay | Finals Time |
|-----------|-------|-------------|
| 1 WMIDS | A | 1:57.51 |
| 2 D&C | A | 2:01.81 |
| 3 MET | A | 2:09.28 |
| 4 ESSEX | A | 2:14.41 |
| 5 DERBY | A | 2:15.04 |
| 6 MET | B | 2:20.69 |
| 7 LEIC | A | 2:23.40 |
| 8 NYORK | A | 2:25.18 |
| 9 NORF | A | 2:31.40 |
| --- NOTTS | A | DQ |

Event 32 Men 200 m SC Freestyle Relay

| Team | Relay | Finals Time |
|---------|-------|-------------|
| 1 WMIDS | A | 1:39.09 |
| 2 MET | A | 1:42.12 |
| 3 GMP | A | 1:45.37 |
| 4 D&C | A | 1:46.92 |
| 5 MET | B | 1:51.86 |
| 6 ESSEX | A | 1:53.44 |
| 7 NYORK | A | 1:56.44 |